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Families can opt to share a raft.



Duckies are popular on the Upper New River.

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Old-Fashioned Rafting Fun for Every Age at Adventures on the Gorge

FAYETTEVILLE, W. Va., June 9, 2020 - For families seeking pint-sized splashy fun to put a smile on the grade school kids' faces or challenging waves to engage their screen-weary teens, there's an old-fashioned rafting trip for everyone at [Adventures on the Gorge](#) (AOTG).

The popular adventure resort in Southern West Virginia opened for the season May 22 and has developed a [set of guidelines](#) for guests and employees during the Covid 19 pandemic.

"Out of necessity, kids and parents alike have become creatures of the indoors in the last few months, and now that it is summer, it is time to fly out of the nest," said Roger Wilson, CEO. "Outdoor recreation that maximizes fun is something we've been doing for decades. It's just that some of our methods have changed this year."

AOTG offers an array of rafting trips on the New and Gauley Rivers as well as other adventures including ziplines, ropes courses, rock climbing, lake adventures, stand-up paddleboarding, swimming, hiking and more.

Here are the resort's rafting adventures by minimum age:

[Six and Up](#). The [Upper](#) portion of the New River features Class I-III rapids suitable for first-time rafters. Groups can enjoy slow water interspersed with periods of manageable rapids and opportunities to use inflatable kayaks known as "duckies."

[Eight and Up](#). An easy step up from the Upper New is the [Glade Creek Canyon](#) section of the New River, complete with a nature hike to a beautiful waterfall and swimming hole. The rafting here is a just little quicker with a minimum age of eight.

[Ten and Up Family Trip](#). When rafters are at least nine years old and water levels are low enough, the [Family Lower New](#) trip becomes available. This trip features oar-mounted boats so that guides control larger rafts and kids get a taste of what awaits them when they turn 12.

[Twelve and Up](#). With rapids ranging from Class I through Class IV, the [Lower New](#) is West Virginia rafting at its best. Teens who are ready for a bigger and wilder rafting experience can enjoy the [Lower Gauley River](#) in the fall. This 12-mile section of river includes several Class III-V rapids.

[Fifteen and Up](#). Teens who are good swimmers and have some rafting experience are ready for the [Upper Gauley](#) in the spring or summer. The Gauley River is characterized by multiple heavy rapids requiring tight, technical maneuvering. The resort developed a new rafting adventure this summer with a focus on social distancing as well as maximum fun - the [Summer Gauley Loop Overnight](#). Limited to just 24 whitewater rafters, the trip includes rafting one of the most exciting sections of the Gauley River multiple times, meals and riverside camping at the resort's Canyon Doors and Backender campgrounds.

[Sixteen and Up](#). A relatively new offering, [The Dries](#) is a section of the New River located below Hawk's Nest Dam. The rapids are highly variable and dependent upon the amount of water released from upstream.

As resort operations will likely continue to change with updated state and CDC guidelines, Wilson urges potential visitors to visit the website or connect with the resort on [Facebook](#), [Twitter](#), [Instagram](#), [TripAdvisor](#), [YouTube](#), and [Vimeo](#) and by signing up for AOTG [e-newsletter](#).

Reservations can be made [online](#) or by calling 1-855-379-8738.

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What to know about Adventures on the Gorge

Named one of the top six adventure resorts in the country by [U.S. News & World Report](#), Adventures on the Gorge is located on more than 250 acres along the rim of the majestic New River Gorge near Fayetteville, W.Va. The resort provides an array of outdoor experiences including whitewater rafting on the New and Gauley Rivers, aerial adventures, rock climbing, rappelling, kayaking, stand up paddle boarding, fishing, mountain biking and hiking.

There are also restaurants, bars and shops as well as a small-group conference center. Visitors can choose from a variety of [accommodations](#) and [vacation packages](#).

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